

thai restaurant Established 2003

### **OUR AIM**

To provide you with an experience of "real" Thai food with consistency in flavour and topped with traditional hospitality and noteworthy service.

Our enjoyment is your enjoyment, to making your every visit here a memorable and satisfying occasion.

### **ENJOY**

Allow us to serve you, relax and enjoy!

Thank you for your patronage.

SAOWANEE & ROBERT FOUNDERS

BEAU & BIRD MANAGEMENT TEAM



Photos & design by
PEP @2023











# Appetizers

A01 Thai Prawn Cracker (Kow Grieb Goong) \$7.00

Deep fried Thai prawn cracker - garlic & pepper.

A02 Spring Rolls (Popia Tod) vegetarian (4 pieces) \$13.90 Vermicelli, cabbage, carrot, spring onion , pepper & mushroom wrapped with spring roll pastry, deep fried, served with a sweet chilli sauce.

A03 Fish Cake (Tod Mun Pla) (4 pieces) \$13.90
Thai-style fish cakes - fish mixed with curry paste, Thai herbs. Served with red onions, cucumbers and ground roasted peanuts in a sweet chilli sauce.

A04 Fried Fish Balls (6 pieces) \$11.90

Golden deep-fried fish balls served with coriander & a sweet chilli sauce

\$13.90

A05 Mixed Appetizers
1 Springroll, 1 fish cake, 1 chicken toast and 1 wonton.

A06 Wonton (Geow Tod) (4 pieces) \$11.90

Deep fried Wontons stuffed with minced chicken, garlic, coriander & pepper, served with a sweet chilli sauce.

A07 Chicken Toast (Kanom Pang Naa Gai) (4 pieces)

Topping of marinated chicken, coriander, spring onion and pepper,
covering with sesame seeds served with red onions, cucumbers and
ground roasted peanuts in a sweet chilli sauce.









A08 Fried Chicken Wings (4 pieces)

Deep-fried, marinated chicken wings topped with fried garlic.

A09 Chicken Satay (Gai Satay) (4 sticks) GF \$13.90

\$13.90

Grilled marinated chicken with special Thai satay sauce. (Note: sauce is peanut based.)

A10 Prawn Satay (2 sticks - 6 prawns) \$14.90
Grilled marinated prawn with ginger, lemon grass, garlic, turmeric covered in a special Thai satay sauce.

(Note: sauce is peanut based.)

**A11** 

A14

Fried Tofu (Toa Hoo Tod) (9 pieces of tofu) GF \$11.90

Golden deep-fried Tofu with special Thai satay sauce.
(Note: sauce is peanut based.)

A12 Beef Golden Triangles (4 pieces) \$13.90

Crispy samosa wrapping and beef massaman filling. (Note: may contain peanuts.)

A13 Goong Chae Nam Pla (4 prawns) / \$13.90

Prawn in a spicy sauce garnished with fresh garlic, Chilli and coriander.

Wing Zabb Deep-fried marinated chicken wings coats with Thai seasoning powder. They're spicy, sour, and taste uniquely Thai.

Spicy Fried Chicken Wings (4 pieces)













#### S01 Saowanee's Tom Yum Soup GF

A blend of the flavours of Thailand in one dish, the tartness from lemon grass, kaffir leaves and lime juice, together with the heat of Chilli and the lightly creamy sweetness of coconut milk.

#### S02 Clear Tom Yum Soup GF

As above but a stronger, spicier, tangy, clear soup, with mushrooms, tomatoes, lemon grass, kaffir leaves, lime juice without the softening of coconut

#### S03 Tom Kha Soup GF

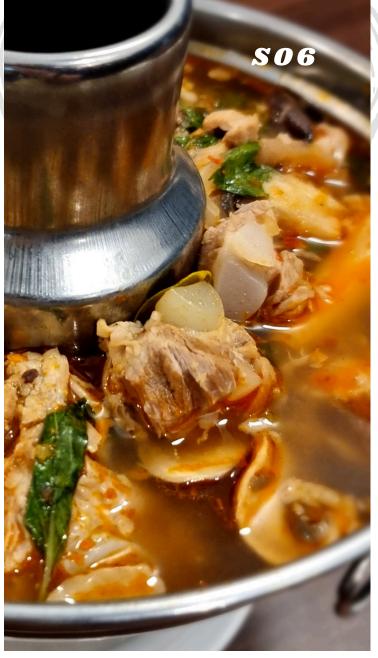


A gently white creamy soup of coconut milk, lemon grass, galangal, coriander, lime juice and chilli

# Soups

Choice for S01, S02, S03	Small	Regular
Vegetable & Tofu	\$14.90	\$24.90
Chicken	\$14.90	\$24.90
Prawn	\$15.90	\$27.90
Seafood (prawn, fish, squid )	\$17.90	\$29.90





**S04 Chicken Wonton Soup S05 Prawn Wonton Soup** 

\$22.90

\$24.90

Tom Saap Soup 🄰 📴 **S06** 





\$22.90











\$20.90 P01 Grilled Chicken (Gai Yang) GF Grilled, chicken marinated in special sauce. (Note: Contains ground roasted peanuts.) \$24.90 with Paw Paw Salad

P02 Stir Fried Kailan with Pork Belly GF \$25.90 Pork belly stir fried in Oyster sauce with Kai-lan and a hint of chilli, garlic, soybean.

P03 Belly Pork Salad on Fried Kai-Lan \$28.90 Crispy Belly Pork covered in Saowanee's salad sauce and served on a bed of crispy fried kai-Lan.

\$28.90 P04 Crispy Prawn Salad on Fried Kai-Lan Lightly battered king prawn tossed in Saowanee's salad sauce and served on a bed of crispy fried kai-Lan.

P05 Pepper, Garlic Stir Fry (Tod kratiam prikthai) Stir-fried with pepper, garlic, spring onion, onion and capsicum garnished with coriander.

> Chicken or Beef or Pork GF \$22.90 \$28.90 Fish or Prawn or Squid





#### P06 Crispy Chilli Chicken or Pork

\$24.90

Crispy chicken or pork, deep fried in a light batter, stir fried with long beans, ginger and kaffir lime leaves in a 'Pad Ped' style sauce.

#### P07 Crispy Chilli Fish or Prawn

\$28.90

NZ Ling fish fillets or Crispy prawn deep fried in light batter and stir fried with long beans, ginger and kaffir lime leaf in 'Pad Ped' style sauce.

# P08 Triple Flavour Fish or Prawn (Pla/Goong Sam-Rodd)

\$28.90

Deep fried fish or prawn topped with a special triple flavoured sauce (Sweet, Sour and Chilli) and garnished with coriander.

# P09 Tamarind Fish or Prawn (Pla/Goong Makham)

\$28.90

Deep fried fish or prawn topped with a sweet-sour tamarind sauce, garnished with coriander and fried dried chilli.



P06







## \* Soft Shell Crab \*

P10 Yum Soft Shell Crab \$28.90

Saowanee's Salad sauce with deep fried soft shell crab

P11 Pepper Garlic Stir Fry Soft Shell Crab \$28.90

Crispy soft shell crabs deep fried in light batter and stir fried with garlic and pepper.

P12 Dry Curry Soft Shell Crab

\$28.90

Crispy soft shell crabs deep fried in light batter and stir fried curry with potato, spring onion, onion, tomato and Chilli.





## Pork Jowl

#### P17 Spicy Grilled Pork Jowl Salad GF 🍎



\$24.90

Juicy tender slices of grilled pork jowls tossed with onion, chilli, mint, coriander, roasted ground rice and a spicy dressing.

P18 Thai BBQ Pork Jowl GF



\$22.90

A flat and grilled piece of pork that is incredibly flavorful because of the fat that runs through the meat. It's a popular cut for the barbecue in Thailand, and the nam jim jaew (Thai spicy dipping sauce) is a classic pairing.







P13	Fried Barramundi with Chilli & Basil GF  Topped with Saowanee's sauce of Chilli and garlic, with long beans, spring onion, onion, Capsicum, bamboo shoots and tomato finished off with fresh basil.	\$42.90
P14	Fried Barramundi with Tamarind Sauce Topped with Saowanee's sweet sour tamarind sauce garnished with coriander and fried dried Chilli	\$42.90
P15	Fried Barramundi with Triple Flavors Sauce Topped with Saowanee's special triple flavored sauce (Sweet, Sour and Chilli) garnished with coriander.	\$42.90
P16	Fried Barramundi with Spicy Saowanee's Salad Sauce Fropped with grated green apple, red onion, Chilli, Saowanee's spicy salad sauce and garnished with coriander.	\$42.90



## ♦ Thai Salads ♦

Paw Paw Salad (Som Tum) GF T01 Grated green paw paw (very healthy), mixed with prawn,

chilli, roasted peanuts, lime juice, palm sugar, long beans and tomatoes.

\$22.90

\$22.90

\$22.90

\$25.90

\$22.90

T13 Som Tum Pla Ra GF Spicy Thai Salad, originating from Northeastern Thailand (Isan). Paw paw salad with fermented fish sauce, prawn, chilli, roasted peanuts, lime juice, palm sugar, long beans

and tomatoes.

\$22.90 T02 Apple Salad (Yum Apple) GF

Grated green apple with prawn mixed with spicy herbs, roasted cashew nuts, coriander, lemon juice, chilli paste red onion and spring onion.

T03 Carrot Salad (Yum Carrot) GF \$22.90

Grated carrot with prawn, red onion, spring onion roasted cashew nuts, lemon and chilli.

T04 Cucumber Salad (Yum Tang Kwa) GF Grated cucumber with prawn, tomato, red onion, spring

onion, roasted cashew nuts, coriander, lemon and chilli.

T05 Mango Salad (Yum Mango Salad) GF \*\* in season only \*\*

> Grated green mango mixed with prawn, chilli, lemon, roasted cashew nuts, red onion, and spring onion.

(Note: Contains ground roasted peanuts.)

T06 Chicken Mince Salad (Larb Gai) GF Finely cooked chicken mince tossed with red onion.

roasted peanuts, chilli, lemon and coriander.

\$22.90 T07 Crispy Larb Chicken

Lightly battered chicken served with red onion and coriander tossed in a tasty Chilli lemon salad sauce.





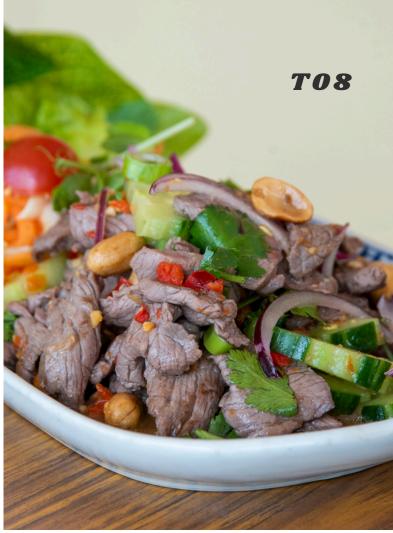
















T08 Beef Salad (Yum Neau) GF

Thin slices of beef tossed with onion, chilli, cucumber, mint, tomato, roasted peanuts and coriander. (Note: Contains ground roasted peanuts.)

\$22.90

\$22.90

\$27.90

To9 Spicy Pork or Chicken Salad (Num Tok) \$22.90

Thin slices of pork or chicken tossed with onion, chilli, mint, coriander and roasted ground rice.

Clear Noodle Salad (Yum Woonsen) GF

Clear noodles mixed together with minced chicken and prawn, spring onion, red onion, tomato, roasted peanuts, chilli, lemon and coriander.
(Note: Contains ground roasted peanuts.)

T11 Spicy Prawn Salad (Plar Goong) GF

Spicy prawn with lemongrass, red onion, tomato, lemon, roasted, cashew nuts, coriander & mint. (Note: Contains ground roasted peanuts.)

T12 Seafood Salad (Yum Talay) GF \$28.90

Mixed seafood – prawn, squid and mussel, tossed with tomato, red onion, spring onion, coriander, roasted cashew nuts, lemon and chilli. (Note: Contains ground roasted peanuts.)





### Curries

#### C01 Green Curry (Gang Keow Wan)

One of the essential dishes of Thai cuisine, an elegant classic, served in tasty light green curry sauce with potato, capsicum, bamboo shoots and basil.

#### C02 Red Curry (Gang Dang)

The red classic, slightly spicy & delicious with capsicum, bamboo shoots and basil.

#### C03 Yellow Curry (Gang Karee)

Cooked in special yellow mild curry, with potato, tomato, capsicum spring onion and onion.

#### C04 Panang Curry (Gang Panang)

A delectable smooth slightly creamy and thick red curry in a unique West Coast Malaysian style ingredient with long beans and capsicum.

Vegetable & Tofu GF	\$22.90
Chicken or Pork or Beef GF	\$22.90
Prawn GF or Fish (Battered Fish)	\$28.90
Seafood (prawn, fish, squid )	\$28.90

#### C05 Massaman Curry (Gang Massaman) GF



Tender chunky beef in mild spicy, tasty Massaman sauce. A very popular dish at Saowanee's.

(Note: Contains whole peanuts.)

#### C06 Pla Rad Prik

\$28.90

Deep fried fish fillet topped with red curry paste, coconut cream, capsicum and basil. Also a favourite at Saowanee's.

### CO7 Red Duck Curry (Kaeng Phed ped Yang) GF \$28.9

Slices of succulent roasted duck in traditional red curry sauce, fusing lemon grass, with pineapple and rambutan, a truly authentic dish, combining the delicate flavours of Thailand.



#### C08 Dry Curry (Pad Pong Karee)

Stir-fried curry with potato, spring onion, onion, tomato and chilli. With China to the North and India to the west this dish is the Thai merging of those two traditions.

#### C09 Jungle Curry (Gang Pa)

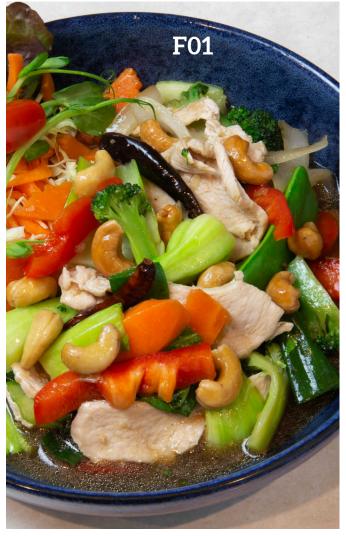
A red curry without coconut milk, mixed vegetable, special sauce.

Vegetable & Tofu GF	\$22.90
Chicken or Pork or Beef GF	\$22.90
Prawn GF or Fish (Battered Fish)	\$28.90















F01 Cashew Stir Fry (Pad Med Mamuang Himma Paan)
Stir-fried cashew nuts with carrot, broccoli, bokchoy, cabbage, snow peas, spring onion, onion, capsicum garnished with fried dried chilli.

F02 Chilli & Basil Stir Fry (Pad Kra Pao)
Stir-fried chilli and garlic, with long beans, spring onion, onion, Capsicum, bamboo shoots and tomato finished off with fresh basil.

### F03 Macadamia Stir Fry (Pad Nam Prik Pow)

Stir-fried specially prepared chilli paste, and macadamia nuts with carrot, broccoli, cabbage, bok choy, snow peas, spring onion, onion and fried dried chilli.

	Vegetable & Tofu GF	\$22.90
	Chicken or Pork or Beef GF	\$22.90
	Prawn GF or Fish (Battered Fish)	\$28.90
F04	Mixed Vegetables (Pad Pak Ruam Mit)  Stir-fried mixed vegetable and tofu with soy sauce	\$22.90
F08	<b>Tofu with Bean Sprouts</b> Stir-fried Tofu with fresh and crispy beansprout in soy sauce.	\$20.90







### F05 Ginger Stir Fry (Pad Khing)

Stir-fried chilli, garlic and ginger with carrot, cabbage, long beans, spring onion, onion, capsicum and mushrooms.

#### F06 Oyster Sauce Stir Fry (Pad Nammun Hoi)

Stir-fried garlic and oyster sauce with kai-lan, carrot, broccoli, spring onion, onion, and capsicum.

#### F07 Sweet & Sour Stir Fry (Pad Preow Wan)

Thai style sweet and sour sauce with carrot, snow peas, spring onion, onion, capsicum, tomato, cucumber, mushrooms and pineapples.

F09 Omelette Thai Style \$21.90

Fluffy omelette with chicken mince, spring onion, chopped coriander, and tomato served with hot chilli sauce

With sliced prawn \$24.90

Stir-fried Mixed seafood - fish, prawn, squid, fish ball, chilli and garlic, with long beans, kaffir lime leaves, fingerroot, young peppercorn finished off with fresh basil. Its unique feature is the abundance of aromatic Thai herbs







## ♦ Noodles ♦

#### N01 Pad Thai Saowanee's Style GF

Thailand's most famous, thin flat rice noodles with egg, bean sprouts, spring onion, tofu and Topped with ground roasted peanuts.

#### N02 Phuket Kuay Teow GF

Flat rice noodles stir-fried with egg, carrot, broccoli, kai-lan, bok choy, spring onion, onion and bean sprouts.

#### N03 Phuket Hokkien Mee

Yellow round noodles stir-fried with egg, carrot, broccoli, kai-lan, bok choy, spring onion, onion and bean sprouts.

#### N04 Pad Woonsen GF

Vermicelli stir-fried with egg, spring onion, onion, cabbage, mushroom, carrot and tomato.

#### NO5 Drunken Noodles (Pad Kee Maow)

Flat rice noodle GF or yellow egg noodles stir-fried with egg, chilli, long beans, kai-lan, carrot, broccoli, tomato, spring onion, onion, capsicum, bamboo shoots, and basil.

#### N06 Pad Sie Iew GF



Flat rice noodle stir-fried with egg, kai-lan and broccoli.

Vegetable & Tofu	\$21.90
Chicken or Pork or Beef	\$21.90
Prawn	\$23.90
Combination (chicken, beef, pork and prawn)	\$24.90







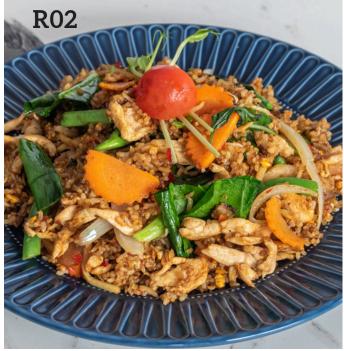














## ◆ Rice ◆

RO1 Fried Rice (Kow Pad) GF

Thai Jasmine rice fried with egg, spring onion, onion, garlic, and tomato

RO2 Fried Rice Chilli & Basil (Kow Pad Kra Pao) GF

Jasmine rice fried with egg, chilli, long beans, spring onion, onion, capsicum, garlic, tomato and basil.

R03 Fried Rice Tom Yum (Kow Pad Tom Yum)

Jasmine rice fried with tom yum paste, spring onion, onion, garlic and tomato.

RO4 Fried Rice Pineapple (Kow Pad Supparod) GF

Jasmine rice fried with egg, pineapple, dash of curry powder, sultanas, spring onion, onion, tomato and roasted cashew.

Vegetable & Tofu\$21.90Chicken or Pork or Beef\$21.90Prawn\$23.90Combination (chicken, beef, pork and prawn)\$24.90

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R05	Roti (Malaysian Parrata)	\$4.00
R06	Steamed Thai Jasmine Rice Small (1 serve)	\$4.00
GF	Steamed Thai Jasmine Rice Large ( 4 serves)	\$15.00
R07	Sticky Rice GF	\$5.00
R08	Coconut Rice GF  Jasmine rice with coconut milk	\$5.00
R09	Steamed Noodle - Rice GF or Egg Noodles	\$5.00

## ◆ Desserts ◆

